

## Employee Assistance Program (EAP)



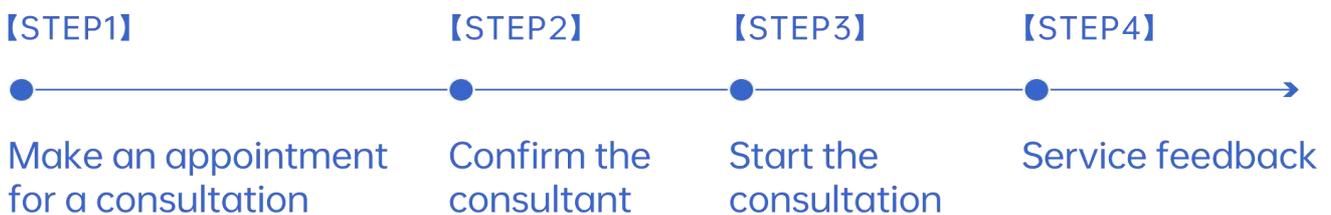
- We provide you with instant psychological counseling and online appointments with professional counselors. Counseling topics may include marriage and family, child education, interpersonal relationships, workplace stress, career development, etc., to promote problem solving, stress relief, and short-term and effective improvement of your work motivation and life happiness.

### How to make an appointment for EAP services?

- Log in to the mini program and make an EAP service appointment with one click.
- Or call the 24/7 bilingual hotline at 400-619-1990 to make an appointment.

Please inform the service staff that you are a client of Prosper Health and provide your insurance card number (starting with 8000) as your exclusive identification code. Once identified, you can make an appointment for services.

### Consultation Service Process:



### Note:

- ① The counseling service is available from 9:00 to 22:00, except during the Lunar New Year and National Day holidays;
- ② Both Chinese and English counseling services are available;
- ③ All counselors have more than 5 years of counseling experience and have completed at least 500 hours of counseling training.