

Employee Assistance Program

EAP gives you access to licensed counsellors for **specialised advice and support, in multiple languages.**

24/7 access to a network of **11,100** counsellors in **200+ countries.**



Six counselling sessions per issue. Unlimited number of issues per year. This service is completely confidential.

Easy access to the service through the **Cigna Envoy App.**



Available languages:

Swahili, English, Afrikaans, Zulu, Xhosa, Sotho, Pedi, Tswana, South Sotho, and Venda.



Available via cignaglobal.powerflexweb.com