Parkway Hospital
百汇医院

# Worth Taking Good Care Of Male Prostate

The prostate is a gland unique to males, often referred to as the 'life gland' for men. The prostate is a sexual gland with dual endocrine and exocrine secretory functions, playing a crucial role in regulating both the physiological and psychological aspects of men, similar in shape and size to a slightly flattened chestnut, located close to the rectum and can be palpated through a rectal exam. After the age of 45, men should have their prostates checked annually.




## Prostatitis

Prostatitis is a common and perplexing disease, with symptoms including discomfort or pain in the prostate area, abnormal urination, and abnormal urethral discharge. Prostatitis can affect men of all ages and is the most common reason for men aged 20-50 to visit a urologist.

## Prostatic Hyperplasia

Benign Prostatic Hyperplasia (BPH) is a common condition in middle-aged and elderly men, with main symptoms including frequent urination, urgency, incontinence, increased nocturia, incomplete emptying, increased residual urine, and even urinary retention.

## Prostate Cancer

The incidence of prostate cancer is increasing annually in China. Lower urinary tract obstruction may be the first symptom, and some patients develop prostate cancer in conjunction with BPH. Elevated serum PSA (prostate-specific antigen). Rectal examination reveals a rough, rock-hard prostate surface. Diagnosis can be confirmed through transrectal biopsy.

| Prostate health screening package | < 45yrs | ⩾ 45yrs |
|---|---|---|
| Specialist Consultation | ✓ | ✓ |
| Urine Analysis | ✓ | ✓ |
| Digital examination of anus | ✓ | ✓ |
| Prostate Ultrasound | ✓ | ✓ |
| Prostate Secretion Smear | ✓ | |
| Measurement of post-voiding residual urine by ultrasound | | ✓ |
| Prostate Specific Antigen - Total (TPSA) | | ✓ |
| Free Prostate Specific Antigen (FPSA) | | ✓ |
| NIH-CPSI Evaluation | ✓ | |
| IPSS Evaluation | | ✓ |
| Package Price: | 980 | 1,580 |

* The package price is only for self-pay service

* Available at Parkway Shanghai Hospital

parkwaychina.com
400 819 6622

Quick Appointment