



OCTOBER

BREAST CANCER AWARENESS

[Breast Cancer Awareness Month \(Oct\) >>](#)

RESPIRATORY & LUNG HEALTH AWARENESS

[Respiratory Care Week](#) October 19-25 >>

[COPD Awareness Month](#) (Nov) >>

[Lung Cancer Awareness Month](#) (Nov) >>

DECEMBER

MENTAL HEALTH AWARENESS 2

Seasonal Affective Disorder (SAD) Awareness

FEBRUARY

CANCER AWARENESS

[World Cancer Day](#) February 4 >>



APRIL

STRESS AWARENESS

[Stress Awareness Month](#) (Apr) >>



JUNE

BRAIN HEALTH AWARENESS

[Alzheimer's & Brain Awareness Month](#) (Jun) >>

AUGUST

IMMUNIZATION & INFECTIOUS DISEASES AWARENESS

[National Immunization Awareness Month](#) >>

SEPTEMBER



PROSTATE CANCER AWARENESS

[Prostate Cancer Awareness Month](#) (Sept) >>

CHOLESTEROL & HEART HEALTH AWARENESS

[World Heart Day](#), September 29 >>

MENTAL HEALTH AWARENESS 1

[Suicide Prevention Awareness Month](#) (Sept) >>

[World Mental Health Day](#) October 10 >>

NOVEMBER



DIABETES AWARENESS

[World Diabetes Day](#) November 14 >>

JANUARY

ANNUAL HEALTH CHECK-UP FOCUS

[Healthy Weight Week](#) January 18-24 >>

MARCH



HEALTHY LIVING AWARENESS

[Sleep Awareness Week](#), March 8-14 >>

[National Nutrition Month](#) (Mar) >>

KIDNEY HEALTH AWARENESS

[World Kidney Day](#), March 12 >>

MAY

Chronic Conditions Awareness

[World Hypertension Day](#), May 17 >>

[Stroke Awareness Month](#) >>

MENTAL HEALTH AWARENESS 2

[Mental Health Awareness Month](#) (May) >>

JULY



SKIN CANCER AWARENESS

[UV Safety Awareness Month](#) (Jul) >>

Summer Travel Tips