



JANUARY



Annual Health Check-up Reminder

A comprehensive health check-up or annual physical serves as a great preventative or early warning mechanism against illnesses and can help find problems before they start, when the chances for treatment and cure are better

Reduce healthcare costs Early diagnosis of any disease helps avoid costly medical services and shortens the treatment period

Detect life-threatening health conditions early It is common to visit a doctor only when you experience symptoms. Annual health check-ups can help find hidden diseases with blood tests such as blood sugar levels, cholesterol levels, liver and kidney function

Increased chance for treatment and cure By undertaking regular health check-ups, you can find out if any abnormalities in your body might develop into serious diseases if ignored for long periods

Identify conditions linked to stress Busy lifestyles lead to stress-related diseases such as hypertension and diabetes, which often go unnoticed until serious complications arise due to a lack of proper diagnosis at their early stages

To find out more about how your insurance plan covers annual health check-ups or to schedule one: info@oneworldcover.com

Got a health insurance question?

oneworldcover.com/contact